

# COLT Reading List

There is no required pre-course reading, but the following titles will help you get the most from the program.

## LEADERSHIP

- Outdoor Leadership: Technique, Common Sense, & Self-Confidence – John Graham

## AREA HISTORY & INFORMATION

- Beyond Nootka – Lindsay Elms
- Strathcona, A History of BC's First Provincial Park – Wallace Baikie
- Towards Unknown Mountains – Rob Wood
- Hiking Trails III, Central and Northern Vancouver Island

## CLIMBING & MOUNTAINEERING

- Deep Play – Paul Pritchard
- Touching the Void – Joe Simpson & Simon Yates
- White Spider – Heinrich Harrer
- Ice Climbing – Duane Raleigh
- Mountaineering: The Freedom of the Hills – Graydon & Hanson, Editors
- Rock Climbing – Duane Raleigh

## KAYAKING & CANOEING

- Kayak – Bill Nealy
- Fundamentals of Kayak Navigation – David Burch
- Path of the Paddle – Bill Mason
- Sea Kayaking Canada's West Coast – John Ince, Hedi Kottner
- The Basic Essentials of Sea Kayaking – Mike Wyatt

## PHILOSOPHY

- Tao Te Ching – Lao Tsu