

Literature and Resources



CANADIAN OUTDOOR LEADERSHIP TRAINING

Videos

Devil Beneath the Sea, Paddlequest, whitewater rescue, whitewater primer, Uncalculated Risk, Richard Fox's kayak instruction, Kayaker's edge, Good to the last drop, The raging river of Annapurna, Path of the Paddle, Solo Play Boating, Margin For Error, World cup 89, C1 slalom, Performance Sea Kayaking, Sea Kayaking - Getting Started, Island of Whales

Books

Mountain and Rock Climbing

- ALVAREZ, A. (1989). Feeding the Rat: Profile of a Climber - Mo Anthoine (Flamingo)
- BARNER C., RANKIN, A. (2017) Crest Creek Rock Climbs. Wild Isle Publications
- BOURDON, M. (2012). Squamish Select. Quickdraw Publications
- CHILD, G. (1993). Mixed Emotions: Mountaineering Writings of Greg Child
- DAFFERN, T. (2009). Backcountry Avalanche Safety: Skiers, Climbers, Boarders and Snowshoers
- ELMS, L. (1996). Beyond Nootka: A historical perspective of Vancouver Island mountains
- WOOD, R. (1991). Towards the unknown mountains: An autobiography from the Canadian wilderness frontier
- HARRER, H. (1998). The White Spider: The Classic Account of the Ascent of the Eiger
- LUEBBEN, C. (2004). Rock Climbing Mastering Basic Skills. The Mountaineers Book
- MCALLISTER, H. (2017). Mountaineering Freedom of the hills, 9th Edition, The Mountaineers Books
- PARKER, G. (2008). Hiking Trails 3, North Vancouver Island.
- SCHAERER, P., McClung, D. (2006). The Avalanche Handbook: 3rd Edition
- SIMPSON, J. (2004). Touching the Void: The True Story of One Man's Miraculous Survival
- STONE, P. (2003). Island Alpine. Wild Isle Publications
- VINES, T. HUDSON, S. (2004). High Angle Rescue Techniques

White water Kayak/Canoe and Canoeing

- KRAUZER, S. (1995). Kayaking: Whitewater and Touring Basics (A Trailside Guide)
- MASON, B. (2002). Path of the Paddle: An Illustrated Guide To The Art Of Canoeing
- NEALY, W. (2007). Kayak: The New Frontier: The Animated Manual of Intermediate and Advanced Whitewater Technique
- OSTIS, N. (2015). NOLS River Rescue Guide
- RAY, S., BECHDEL, L. (1997). River Rescue: A Manual for Whitewater Safety
- RCABC Canoe Instructor Manual
- U'RE, S. (1990). Performance Kayaking
- WHITING, K. et al (2012). Whitewater Kayaking The Ultimate Guide 2nd Edition: The Ultimate Guide, 2nd

Sea Kayaking

BURCH, D. (2016). Fundamentals of Kayak Navigation: Master the Traditional Skills and the Latest Technologies, Revised Fourth Edition

BURKHARDT, B. (1978). Sailors & Sauerkraut, Or, Recipes from Paradise, Or, Making Do with What You Have: A Reading Cook Book with Extracts from the Journals of William Anderson, Joseph Banks, James Cook, Thomas Edgar, Alexander Home, James King, David Samwell, and Recipes

DANIEL, L. (1986). Kayak Cookery: A Handbook of Provisions and Recipes

DOWD, J. (2015). Sea Kayaking: The Classic Manual for Touring, from Day Trips to Major Expeditions

ENVIRONMENT CANADA (1999). Marine Weather Hazards, Manual: West Coast Edition

GRIFFITH, L. (1967). The Intertidal Univalves of British Columbia : British Columbia Provincial Museum Handbook No. 26

JEWITT, J. (1997). White Slaves of the Nootka: The Adventures and Sufferings of John R Jewitt While a Captive of the Nootka Indians 1803-05

LYNWOOD, S. (1976). Living Shores of the Pacific Northwest

SCHUMANN, R. (2005). Basic Essentials® Sea Kayaking

SEED, A. (1972). Sea Otter in Eastern North Pacific Waters

SWAN, D., ELLIS, L. (1981). Teachings Of the Tides Uses of Marine Invertebrates By the Manhousat People

WATSON, J. (1980). Sailing Directions British Columbia Coast (North Portion) Cape Caution to Portland Inlet, including the south coast of Alaska and the Queen Charlotte Islands Vol. II

Plants and Animals

POJAR, J., MACKINNON A. (2016). Plants of the Pacific Northwest Coast: Washington, Oregon, British Columbia and Alaska

TERRES, J. (1995). Audobon Society Encyclopedia of North American Birds

TURNER, (2011). Food Plants Of Coastal First Peoples

Philosophy

LAO TZU (2016). Tao Te Ching

WATSON, L. (1991). SuperNature (1&2)

Leadership

BONNEY, B., BERMAN, D., et al (2005). The Backcountry Classroom: Lessons, Tools, and Activities for Teaching Outdoor Leaders by Jack Drury, Bruce Bonney, Dene Berman, Mark Wagstaff

PHIPPS, M. (2017). Outdoor Instruction: Teaching and Learning Concepts for Outdoor Instructors

PRIEST, S., GRASS, M. (2018). Effective Leadership in Adventure Programming 3rd Edition