

# CHAPERONE WELCOME LETTER

Welcome to Strathcona Park Lodge & Outdoor Education Centre!

Teachers and parents accompanying groups to Strathcona Park Lodge (SPL) are essential to the success of our programs. Thank you for taking time away from work and family to join this trip. It is our sincere wish that your participation be enjoyable and rewarding.

The following information is provided to help your stay go smoothly.

## PROGRAMMING

**PROGRAMS** • Based on an experiential education model

**INSTRUCTORS** • Responsible for the instruction, safety and discipline of students  
• Will allow for some situations to go further than in the classroom to allow students to problem solve and experiment with solutions

**CAMPING** • Groups sleep under tarps, we encourage you to do the same

## CHAPERONE RESPONSIBILITY

**RESPONSIBLE** • Be attentive to the needs and safety of the group  
**SECOND** • Exercise good judgement  
• Be willing to provide assistance within your ability  
• No use of alcohol, drugs or medication that impair judgement

**PROBLEM SOLVING** • Allow students to obtain maximum benefits by letting them problem solve and experiment with solutions to challenges rather than offering solutions

**FREE TIME** • You are responsible for students during the following times  
→ Allocated free time → Meal times → Evenings on site  
• Basketball, beach volleyball, Frisbee, playing at the beach, hanging out with friends available between 9:00 am and 9:00 pm  
• Do not consume alcohol while at SPL

**MEDICATION** • Administering prescription medication is your responsibility if a student does not administer their own

**ATTITUDE** • A positive attitude and smile goes a long way

## EMERGENCIES

**FIRST AID** • All instructors and Program Office team are trained in first aid  
• The first aid room is located just outside the Program Office on the bottom floor of the main office building

**AFTER HOURS** • Contact the Manager on Call using the black radio inside the outer doors of the main office. Instructions are located with the radio

## CONCERNS

If you have any concerns, please talk to your instructors as soon as possible and away from the group. You can also talk to the Program Office team or to our Program Director.

Hidden WIFI network for adults:

Name:

---

WPA2 password:

---

## NO-TRACE CLEAN-UP

### Students:

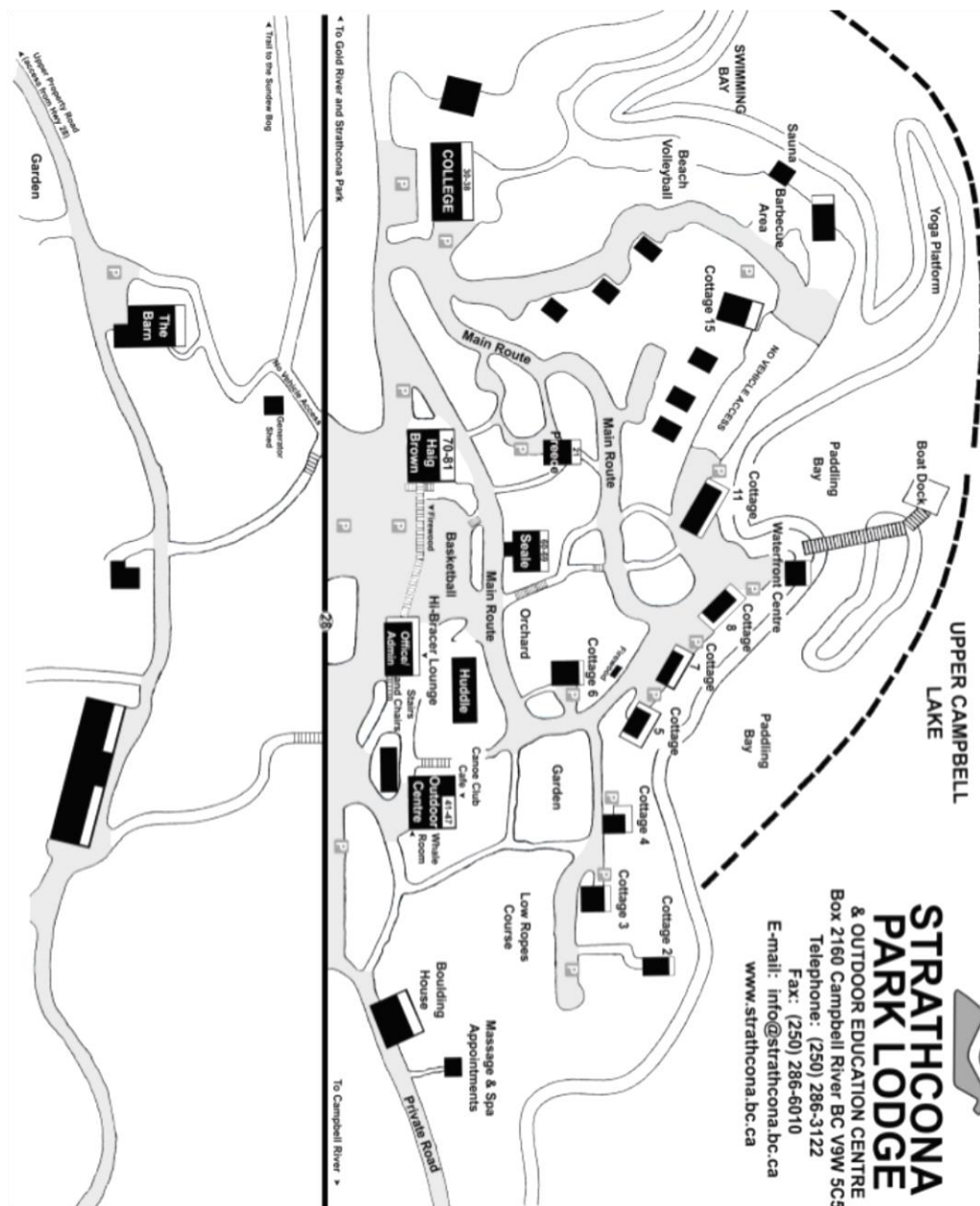
- Pack and remove personal belongings from buildings **before** breakfast.

PLEASE remember to check:

- desk and dresser drawers
  - behind/under beds (and mattress)
  - in bathrooms and any common areas
  - behind furniture
  - on decks and outside around your building
- “No Trace” rooms and building.
    - Remove pillowcases and fitted sheets from beds. Do not remove the mattress pads and pillow protectors.
    - Put the dirty linens (including towels) in the laundry bag and bring them to the front doors of the housekeeping department.
    - Remove all garbage from floors, under/behind beds, behind doors, in bathrooms, and in dressers.
    - Empty all garbage cans into green bins that are outside of each building.
    - Replace garbage cans with new bags.
    - Wipe up any messes or spills and wash any dishes/glasses used.
    - Sweep all decks.
  - An instructor will come to inspect your room/building when it is clean. Correct anything that you have missed.
  - Please do not re-enter the building once it has been inspected.
  - Washrooms are located in the Administration Building and Whale Room.

### Chaperones:

- Participate in “NO TRACE” clean-up.
- Do final walk-through with an SPL Instructor.
- Take unclaimed items home with group.



## PROGRAM Evaluation (continue on other side)

Please take a few minutes and provide us with some constructive feedback about the program and your instructor(s). Please return this feedback form at the teacher/chaperone debrief. Thanks for helping us to create better programs.

**School/Program Name:** \_\_\_\_\_

**Your Name:** \_\_\_\_\_

Please think about the following statements as they relate to your experience	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
SPL provided sufficient pre-arrival information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The program office staff supported us throughout our stay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The schedule was well suited to our groups ability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The accommodation met our groups needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We enjoyed the food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There was enough out-trip food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The equipment used was functional and safe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The ratio of program time/free time was appropriate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am pleased with the delivered curriculum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The objectives of our program were achieved	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(Office use: cut here)

## INSTRUCTOR Evaluation (continue on other side)

**School/Organization:** \_\_\_\_\_

**SPL Program type:** \_\_\_\_\_

1 = Unsatisfactory, 2 = Adequate, 3 = Competent, 4 = Highly Competent, 5 = Outstanding

How would you rate your Instructor(s)	Name:	Name:
<b>Safety Awareness</b>		
Risk assessment	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Judgment calls	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
<b>Skill Set</b>		
Technical skills	(1)---(2)---(3)---(4)---(5)---n/a	(1)---(2)---(3)---(4)---(5)---n/a
Initiative games and icebreakers	(1)---(2)---(3)---(4)---(5)---n/a	(1)---(2)---(3)---(4)---(5)---n/a
Knowledge of the natural world	(1)---(2)---(3)---(4)---(5)---n/a	(1)---(2)---(3)---(4)---(5)---n/a
<b>Leadership Style/Communication</b>		
Interactions with the group	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Facilitating discussions and debriefs	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Group management and supervision	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Energy level	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Conflict resolution	(1)---(2)---(3)---(4)---(5)---n/a	(1)---(2)---(3)---(4)---(5)---n/a
<b>Teaching Skills</b>		
Clarity	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Creativity	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Time management	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Positive learning environment	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Ability to engage students	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)
Teaching technical skills/processes	(1)---(2)---(3)---(4)---(5)	(1)---(2)---(3)---(4)---(5)

## PROGRAM Evaluation

Today's Date: \_\_\_\_\_

How did your group **benefit** from being at Strathcona?

What could be done to **improve** your Strathcona experience?

Additional **comments**?

---

(Office use: cut here)

---

## INSTRUCTOR Evaluation

Today's Date: \_\_\_\_\_

Describe the **leadership qualities** you witnessed in your instructor(s):

What could your instructor(s) **improve** on to become a more effective outdoor leader?

Give an example of your instructor(s) connecting the student's experiences at SPL to their everyday lives?

Which **SPL Core Values** did you learn with your Instructor?

Challenge by Choice

More with Less

Generosity of Spirit

Living on the Edge

Stewardship

Happy Warrior

## With your group look back on your trip

---



Please take some time with your group and think about your week at Strathcona

Thanks for helping us to create better programs.

Please hand this paper to your teacher/chaperone once you are done!

School/Program Name: \_\_\_\_\_

Instructor Name(s): \_\_\_\_\_

Tell us a **highlight** and a **low point** of your time at SPL.

What have you **learned** and how do you think it will **affect your lives at home**?

What about being at SPL did you **enjoy the most**?

What did your group **like** about your Instructor?

Is there anything that your instructors could **have done differently**?

Turn over for other side...

**Which SPL Core Values did you learn with your Instructor?**

- Challenge by Choice       More with Less       Generosity of Spirit   
 Living on the Edge       Stewardship       Happy Warrior

Please think about the following statements as they relate to your experience: (find a consensus within your group)	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
	We were well prepared for this trip	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We enjoyed our time at SPL	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We had enough free time	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We liked the food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There was enough food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We appreciate each other more	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We've developed a deeper appreciation for nature	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We learned the importance of working together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please think about the following statements as they relate to your instructor(s): (select one box per instructor, find a consensus within your group)	Instructor name					Instructor name				
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Our instructor connected well with us	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Our instructor was fun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Our instructor helped us learn lots	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Our instructor told us stories	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Our instructor shared their experience with us	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Our instructor talked about the core values	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Our Instructor let us do things such as: cooking, tarp set up, fire building...										

**Additional message** to your instructor(s) and SPL: